

# SPRING POOL SCHEDULE

April 22- June 9

Revised 5-22-19

**BEEDE CENTER**  
swim + fitness

DAY	LAP POOL (#) equals lanes used for programs All 8 lanes open during non-program time	SHALLOW END	THERAPY POOL (* ) equals 1/2 pool closed (** ) equals entire pool closed	DIVE WELL Dive Well closes at 8:30pm Mon-Fri and 5:30pm Sat & Sun
<b>MONDAY</b>	5:45am – 7:00am Master Swim (5) 12:00pm – 1:15pm Intro to Masters(4) 5:00pm – 6:00pm Pre Otters(2) 5:30pm - 7:00pm Otters (5)	11:00am – 12:00pm Rock 'N Roll	10:00am - 10:30am Parent/Child* 11:00am - 11:30am Preschool 2* 11:30pm - 12:00pm Preschool 3* 2:15pm – 3:00pm Arthritis**	1:15pm – 2:00pm Deep Water Interval 5:30pm - 7:00pm Boston Area Diving
<b>TUESDAY</b>	9:30am - 10:45am Masters Swim (2) 12:00pm – 1:15pm Masters Swim (4) 2:30pm – 3:00pm Level 5 & 6 Swim Lessons (1) 3:00pm - 3:30pm Level 4 Swim Lessons (1) 5:00pm – 5:30pm Level 5 & 6 Swim Lessons (1) 5:30pm - 6:00pm Level 4 Swim Lessons (1) 5:30pm - 6:30pm Otters (5) 7:00pm - 7:45pm Adaptive Aquatics 7:00pm – 8:15pm Masters Swim (4)	12:00pm – 1:00pm Shallow Water Workout 1:30pm - 2:00pm Preshool 1 2:00pm – 2:30pm Level 1&2 Swim Lesson 2:00pm – 2:30pm Level 3 Swim Lesson 3:00pm – 3:30pm Level 1&2 Swim Lesson 3:30pm – 4:00pm Level 3 Swim Lesson 4:00pm – 4:30pm Level 1&2 Swim Lesson 4:30pm – 5:00pm Level 3 Swim Lesson 5:30pm – 6:00pm Level 1&2 Swim Lesson	10:15am – 11:15am Ai Chi** 1:15pm – 2:00pm Arthritis** 2:30pm - 3:00pm Preschool 2* 3:30pm - 4:00pm Preschool 1* 4:00pm - 4:30pm Preschool 3* 4:30pm - 5:00pm Preschool 2* 5:00pm - 5:30pm Preschool 3*	9:15am– 10:00am Deep Water Interval 5:00pm - 6:30pm Boston Area Diving 6:30pm – 7:30pm Deep Water
<b>WEDNESDAY</b>	5:45am – 7:00am Master Swim (5) 12:00pm – 1:15pm Intro to Masters(4) 5:00pm – 6:00pm Pre Otters(2) 5:30pm - 7:00pm Otters (5)	9:00am – 10:00am Shallow Water Workout	8:00am – 9:00am Ai Chi** 11:30am – 12:15pm Arthritis** 1:15pm - 2:15pm Stay and Swim	7:00am – 8:00am Deep Water 10:15am–11:00am Deep Water Interval 5:30pm - 7:00pm Boston Area Diving
<b>THURSDAY</b>	9:30am - 10:45am Masters Swim (2) 12:00pm – 1:15pm Masters Swim (4) 5:30pm - 6:30pm Otters (5) 7:00pm - 7:45pm Adaptive Aquatics 7:00pm – 8:15pm Masters Swim (4)	9:30am -10:30am Shallow Water Workout	10:00am - 10:30am Parent/Child* 10:30am - 11:00am Preschool 1* 1:15pm – 2:00pm Arthritis** 2:15pm - 3:00pm Py Yo Chi**	5:30pm - 7:00pm Boston Area Diving 7:00pm – 8:00pm Deep Water
<b>FRIDAY</b>	5:45am – 7:00am Master Swim (5) 4:00pm – 4:30pm Level 5 & 6 Swim Lessons (1) 4:30pm - 5:00pm Level 4 Swim Lessons (1) 5:30pm - 7:00pm Otters (5)	11:15am -12:15am Shallow Water Workout 4:00pm - 4:30pm Level 3 Swim Lesson 4:30pm - 5:00pm Level 1 & 2 Swim Lesson 5:00pm – 5:30pm Level 3 Swim Lesson 5:30pm - 6:00pm Level 1 & 2 Swim Lesson	2:30pm-3:00pm Preschool 1* 3:00pm-3:30pm Preschool 2*	7:00am – 7:45am Boot Camp 9:00am – 10:00am Deep Water 5:30pm - 7:00pm Boston Area Diving
<b>SATURDAY</b>	10:30am – 11:00am Level 4 Swim Lessons (1) 11:30am - 12:00pm Level 5&6 Swim Lessons (1) 1:15pm - 2:30pm Drop-In Master Swim (2)	9:30am - 10:00am Level 1 & 2 Swim Lesson 10:00am – 10:30am Level 3 Swim Lesson 11:00am-11:30am Level 1 & 2 Swim Lesson 12:00pm – 12:30pm Level 3 Swim Lesson	9:00am - 9:30am Parent/Child* 9:30am - 10:00am Preschool 1* 10:00am - 10:30am Preschool 2* 10:30am 11:00am Parent/Child* 11:30am - 12:00pm Preschool 1*	9:00am - 10:30am Boston Area Diving 10:30am – 11:15am Beginner Diving 11:15am -12:00pm Inter. Diving
<b>SUNDAY</b>	12:30pm - 1:15pm Adaptive Aquatics-Begin. (2) 1:30pm - 2:00pm Concord Challengers (4) 2:30pm - 3:30pm Otters Clinic (5) see back 3:30 - 5:30pm College Otters Clinics (4) see back			9:30am – 10:15am Boot Camp

## POOL INFORMATION

### POOL CLOSING TIMES

Dive Well closes 30 minutes prior to facility closing time. Lap Pool, Therapy Pool and Childrens Play Pool close 15 minutes prior to facility closing.

### LAP POOL

The # in parenthesis indicates the number of lanes used for programming. Please split lanes in half when sharing.

### SHALLOW END

The shallow end of the lap pool is open for general use at all times, however, ½ or portions of the shallow end are reserved for programs/classes during the times listed.

### THERAPY POOL

The therapy pool is closed during the listed programming times. ½ the pool is available during times denoted by an asterisk (\*).

### DIVE WELL

The dive well is closed for member use during the times listed below.

### CHILDRENS PLAY POOL

The children's play pool is open to all. Features will be turned on at request of participant. During Water Fitness classes in therapy pool the features will remain off. Play features are turned off 30 minutes prior to building closing time. Children must be accompanied/supervised by an adult at all times.

## REGISTRATION INFORMATION

### SUMMER REGISTRATION:

5/22/19	Summer Aquatic Programs:Members & Spring Participants
5/29/19	Summer Aquatic Programs: open to all
6/9/19	Deadline to register
6/17/19	Summer Classes Start

## IMPORTANT DATES

### OTTERS CLINICS

May 26, June 2, June 9, June 16

### OTTERS CLINICS

May 26	Paul Phillips	Clark University
June 9	Kristy Martin	Babson College
June 16	Mike Caruso	Bridgewater State College

### OTTERS SWIM MEET

June 1st 4pm

### WATER SAFETY EVENT

May 23 4pm-5pm

### ADULT WATER POLO

May 28, June 25

### ABDOMINALS AND CORE STRENGTH WITH LAURA DIAMOND

June 14

### PRIVATE LESSONS

Private Swim Lessons take place on Monday, Wednesday and Thursday from 3:00pm-7:00pm

### STAY AND SWIM-CONCORD CAROUSEL PRESCHOOL

April 3-June 12 Wednesdays 1:15pm-2:15pm Children's & Therapy Pool

### BEEDE AND BOOKS

June 3

### MEI'S TYPHOON'S SWIM CLUB

May 25	8:00am-10:00am	Lane 7 & 8
June 8	8:00am-9:00am	Lane 7 & 8
June 16	8:00am-10:00am	Lane 7 & 8

### MEMBER APPRECIATION DAY

Saturday June 8	Water Running	1:00pm-2:00pm	Dive Well
	The Rock	2:00pm-4:00pm	Dive Well
	Diving Boards	4:00pm-5:30pm	Dive Well

### AFTERSCHOOL PROGRAM

June 4 1:30pm-4:30pm Shallow and Dive