

SUMMER POOL SCHEDULE

July 15-August 18

Revised 8-12-19

DAY	LAP POOL (#) equals lanes used for programs All 8 lanes open during non-program time	SHALLOW END	THERAPY POOL (*) equals 1/2 pool closed (**) equals entire pool closed	DIVE WELL Dive Well closes at 8:30pm Mon-Fri and 5:30pm Sat & Sun
MONDAY	5:45am – 7:00am Master Swim (5) 12:00pm-1:15pm Intro to Master Swim (4)	11:00am – 12:00pm Rock ‘N Roll 2:00pm–3:00pm Specialty Camp (7/29-8/16) 7:00pm - 7:30pm Adult Swim Lesson-Beginner 7:30pm - 8:00pm Adult Swim Lesson-Inter.	10:30am - 11:00am Preschool 1* 11:30am–12:30pm Kaleidoscope Kids (7/8-8/16) 2:15pm – 3:00pm Arthritis**	1:15pm – 2:00pm Deep Water Interval 2:00pm–3:00pm Specialty Camp (7/29-8/16) 5:30pm - 7:00pm Boston Area Diving
TUESDAY	5:30pm - 6:00pm Level 4 Swim Lessons (1) 7:00pm - 7:45pm Adaptive Aquatics 7:00pm – 8:15pm Masters Swim (4)	12:00pm – 1:00pm Shallow Water Workout 1:30pm - 2:00pm Preschool 1 2:00pm–3:00pm Specialty Camp (7/29-8/16) 2:00pm – 2:30pm Level 1&2 Swim Lesson 4:00pm – 4:30pm Level 1&2 Swim Lesson	11:30am–12:30pm Kaleidoscope Kids (7/8-8/16) 1:15pm – 2:00pm Arthritis** 2:30pm - 3:00pm Preschool 2* 3:30pm - 4:00pm Preschool 1* 4:00pm - 4:30pm Preschool 3* 4:30pm - 5:00pm Preschool 2* 5:00pm - 5:30pm Preschool 3*	9:15am– 10:00am Deep Water Interval 2:00pm–3:00pm Specialty Camp (7/29-8/16) 5:00pm - 6:30pm Boston Area Diving 6:30pm – 7:30pm Deep Water
WEDNESDAY	5:45am – 7:00am Master Swim (5) 12:00pm-1:15pm Intro to Master Swim (4)	9:00am – 10:00am Shallow Water Workout 11:30am–12:30pm Kaleidoscope Kids (7/8-8/16) 2:00pm–3:00pm Specialty Camp (7/29-8/16)	11:30am – 12:15pm Arthritis**	7:00am – 8:00am Deep Water 10:15am–11:00am Deep Water Interval 2:00pm–3:00pm Specialty Camp (7/29-8/16) 5:30pm - 7:00pm Boston Area Diving
THURSDAY	7:00pm - 7:45pm Adaptive Aquatics 7:00pm – 8:15pm Masters Swim (4)	9:30am -10:30am Shallow Water Workout 2:00pm–3:00pm Specialty Camp (7/29-8/16)	10:00am - 10:30am Parent/Child* 10:30am - 11:00am Preschool 1* 11:30am–12:30pm Kaleidoscope Kids (7/8-8/16) 1:15pm – 2:00pm Arthritis**	2:00pm–3:00pm Specialty Camp (7/29-8/16) 5:30pm - 7:00pm Boston Area Diving 7:00pm – 8:00pm Deep Water
FRIDAY	5:45am – 7:00am Master Swim (5) 5:00pm - 5:30pm Level 4 Swim Lessons (1)	11:15am -12:15am Shallow Water Workout 2:00pm–3:00pm Specialty Camp (7/29-8/16)	10:15am – 11:00am Arthritis** 11:30pm–12:30pm Kaleidoscope Kids (7/8-8/16) 2:30pm-3:00pm Preschool 1*	9:00am – 10:00am Deep Water 2:00pm–3:00pm Specialty Camp (7/29-8/16) 5:30pm - 7:00pm Boston Area Diving
SATURDAY	10:30am – 11:00am Level 4 Swim Lessons (1) 11:30am - 12:00pm Level 5&6 Swim Lessons (1) 1:15pm - 2:30pm Drop-In Master Swim (2)	9:30am - 10:00am Level 1 & 2 Swim Lesson 10:00am – 10:30am Level 3 Swim Lesson	9:00am - 9:30am Parent/Child* 9:30am - 10:00am Preschool 1* 10:00am - 10:30am Preschool 2* 10:30am 11:00am Parent/Child* 11:30am - 12:00pm Preschool 1*	9:00am - 10:30am Boston Area Diving
SUNDAY				9:30am – 10:15am Boot Camp

POOL INFORMATION

POOL CLOSING TIMES

Dive Well closes 30 minutes prior to facility closing time. Lap Pool, Therapy Pool and Childrens Play Pool close 15 minutes prior to facility closing.

LAP POOL

The # in parenthesis indicates the number of lanes used for programming. Please split lanes in half when sharing.

SHALLOW END

The shallow end of the lap pool is open for general use at all times, however, ½ or portions of the shallow end are reserved for programs/classes during the times listed.

THERAPY POOL

The therapy pool is closed during the listed programming times. ½ the pool is available during times denoted by an asterisk (*).

DIVE WELL

The dive well is closed for member use during the times listed below.

CHILDRENS PLAY POOL

The children's play pool is open to all. Features will be turned on at request of participant. During Water Fitness classes in therapy pool the features will remain off. Play features are turned off 30 minutes prior to building closing time. Children must be accompanied/supervised by an adult at all times.

REGISTRATION INFORMATION

FALL AND WINTER REGISTRATION:

8/14/19	Member Registration
8/21/19	Non-Member Registration
9/4/19	Deadline to register

IMPORTANT DATES

PRIVATE LESSONS

Private Swim Lessons take place on Monday, Wednesday and Thursday from 3:00pm-7:00pm