

FALL POOL SCHEDULE

December 2-December 22

Revised 12-4-19

**BEEDE
CENTER**

DAY	LAP POOL (#) equals lanes used for programs All 8 lanes open during non-program time	SHALLOW END (*) equals 1/2 pool closed (**) equals entire pool closed	THERAPY POOL (*) equals 1/2 pool closed (**) equals entire pool closed	DIVE WELL (*) equals 1/2 pool closed (**) equals entire pool closed
MONDAY	5:45am – 7:00am Master Swim (5) 12:00pm – 1:15pm Intro to Masters(3) 3:00pm – 5:00pm CCHS Swim(6) 5:00pm – 6:00pm Otters(5) 6:00pm – 7:15pm Otters (5) 7:00pm – 8:00pm Adult Swim Lessons (1) 7:15pm – 8:45pm CCHS Swim(4)	9:00am – 11:00am LABBB* 11:00am – 12:00pm Rock 'N Roll**	10:30am – 11:30am LABBB* 2:15pm – 3:00pm Arthritis**	9:00am – 10:00am LABBB* 10:00am – 11:00am CCHS Lifeguarding* 12:00pm – 1:00pm Tracey Bird* 3:00pm – 5:00pm CCHS Swim 5:30pm – 7:00pm Boston Area Diving** 7:15pm – 8:45pm CCHS Swim
TUESDAY	5:45am – 7:30am United Swim Club (1) 9:30am – 10:45am Masters Swim (3) 12:00pm – 1:15pm Masters Swim (4) 3:00pm – 5:00pm CCHS Swim(6) 5:00pm – 6:00pm Otters(5) 6:00pm – 7:00pm Otters (5) 7:00pm – 8:15pm Masters Swim (4)	12:00pm – 1:00pm Shallow Water Workout**	1:15pm – 2:00pm Arthritis**	8:00am – 9:00am CCHS Lifeguard* 9:15am – 10:00am Deep Water Interval** 10:10am – 11:10am CCHS Lifeguard* 11:00am – 12:30pm Tracey Bird* 3:00pm – 5:00pm CCHS Swim 5:00pm – 6:30pm Boston Area Diving** 6:30pm – 7:30pm Deep Water**
WEDNESDAY	5:45am – 7:00am Master Swim (5) 12:00pm – 1:15pm Intro to Masters(3) 3:00pm – 5:00pm CCHS Swim(6) 5:00pm – 6:00pm Otters (5) 6:00pm – 7:15pm Otters (5) 7:15pm – 8:45pm CCHS Swim(4)	9:00am – 10:00am Shallow Water Workout** 10:00am – 1:30am LABBB*	9:30am – 11:30am LABBB* 11:30am – 12:15pm Arthritis** 1:15pm – 2:15pm Stay and Swim*	7:00am – 8:00am Deep Water** 10:15am – 11:00am Deep Water Interval** 11:00am – 12:00pm LABBB* 12:00pm – 1:30pm Tracey Bird* 3:00pm – 5:00pm CCHS Swim 5:30pm – 7:00pm Boston Area Diving** 7:15pm – 8:45pm CCHS Swim
THURSDAY	5:45am – 7:30am United Swim Club (1) 9:30am – 10:45am Masters Swim (3) 12:00pm – 1:15pm Masters Swim (4) 3:00pm – 5:00pm CCHS Swim(6) 5:00pm – 6:00pm Otters(5) 6:00pm – 7:00pm Otters (5) 7:00pm – 8:15pm Masters Swim (4)	9:30am – 10:30am Shallow Water Workout**	1:15pm – 2:00pm Arthritis**	8:00am – 11:10am CCHS Lifeguard* 3:00pm – 5:00pm CCHS Swim 5:30pm – 7:00pm Boston Area Diving**
FRIDAY	5:45am – 7:00am Master Swim (5) 3:00pm – 5:00pm CCHS Swim(6) 5:00pm – 6:00pm Otters(5) 6:00pm – 7:15pm Otters (5)	11:15am – 12:15am Shallow Water Workout**		9:00am – 10:00am Deep Water** 3:00pm – 5:00pm CCHS Swim 5:30pm – 7:00pm Boston Area Diving**
SATURDAY	7:00am – 8:30am CCHS Swim(5) 8:30am – 10:30am Typhoon Swim Club (3)			7:00am – 8:30am CCHS Swim 9:00am – 10:30am Boston Area Diving** 10:30am – 11:15am Beginner Diving** 11:15am – 12:00pm Inter. Diving**
SUNDAY	10:30am – 12:30am Typhoon Swim Club (3) 3:00pm – 5:15pm Otters (5)			9:30am – 10:15am Boot Camp**

Please note:

CCHS no practice dates: December 24, 25, 31, January 1, 20

TURN OVER FOR MORE DETAILS

POOL INFORMATION

GENERAL FACILITY HOURS

Monday-Friday 5:30am-9:00pm
Saturday-Sunday 7:00am-6:00pm

POOL CLOSING TIMES

Dive Well closes 30 minutes prior to facility closing time. Lap Pool, Therapy Pool and Childrens Play Pool close 15 minutes prior to facility closing.

LAP POOL

The # in parenthesis indicates the number of lanes used for programming. Please split lanes in half when sharing. Please see lifeguard about adding the temporary rope lane during busy times.

SHALLOW END, THERAPY POOL AND DIVE WELL

These pools are closed during the listed programming times.
Half the pool is available during times denoted by an asterisk (*)
The entire pool is closed during times denoted by a double asterisk (**)
Therapy Pool Adult Only Hours: M-F 5:30am-2:00pm, Weekend/Holiday 7:00am-12:00pm

CHILDRENS PLAY POOL

The children's play pool is open to all. Features will be turned on at request of participant. During Water Fitness classes the features will remain off. Children must be accompanied/supervised by an adult at all times.

REGISTRATION INFORMATION

Fall Water Fitness Classes

Registration is still open and will be pro-rated, drop-in's welcome

Fall Swim Lessons

Classes are now closed

Winter Registration

All winter programs are open for registration
Deadline to register: December 18, 2019

DROP-IN WATER FITNESS

Drop-in rates:

Member: \$10.00

Non-Member \$12.00

IMPORTANT DATES

PRIVATE LESSONS

Mon,Wed & Thu Year Round 3:00pm-7:00pm

OTTERS SWIM MEETS (ALL POOLS CLOSED DURING MEET)

Saturday	January 4	4:00pm
Saturday	January 25	4:00pm
Saturday	February 8	4:00pm
Saturday	February 29	4:00pm

BEEDE AND BOOKS

Monday December 2 11:00am-12:00pm

CCHS SWIM MEETS (ALL POOLS CLOSED DURING MEET)

Friday	December 6	6:00pm
Tuesday	December 17	3:00pm
Friday	January 3	6:00pm
Friday	January 10	6:00pm
Friday	January 17	6:00pm
Tuesday	January 28	6:00pm

TYPHOONS SWIM CLUB (LAP POOL-3 LANES)

Saturday December 14, 28 8:30am-10:30am
January 4, 25
February 1, 15, 22, 29
March 7

Sunday December 8, 15, 29 10:30am-12:30pm
January 19, 26
February 2, 16, 23
March 1, 8

STAY AND SWIM

Wednesdays October 2-December 18 1:15pm-2:15pm